



Rumba August 2016

Start in Handshake Hold

Basic Movement

Side close Side

Cuban Rock

1-3 Basic into Under Arm Turn to Right

New Yorker x 3 with hand shake hold

Man Cucaracha Lady Spot turn to Right

Open Hip Twist with Curl (right to left hand hold)

Alternative Hockey Stick

Top with Turn to Left for lady and man

Continuous Closed Hip Twist

Closed hip Twist with Spiral

Alemana

Rope Spin

Under Arm Turn to Right

