



Rumba 1

1-3 Basic Movement

Under Arm Turn to the Right

Shoulder to Shoulder x 3

Fence Line down LOD

Spot Turn to Right

3 Backward walks curving to Centre

3 Cuban Rocks

3 Forward Walks curving to LOD

Cucarachas x2 Left then Right

Chasse along LOD adopt Shadow hold

6 Rumba Walks

Spot Turn to Left & Start Again.